

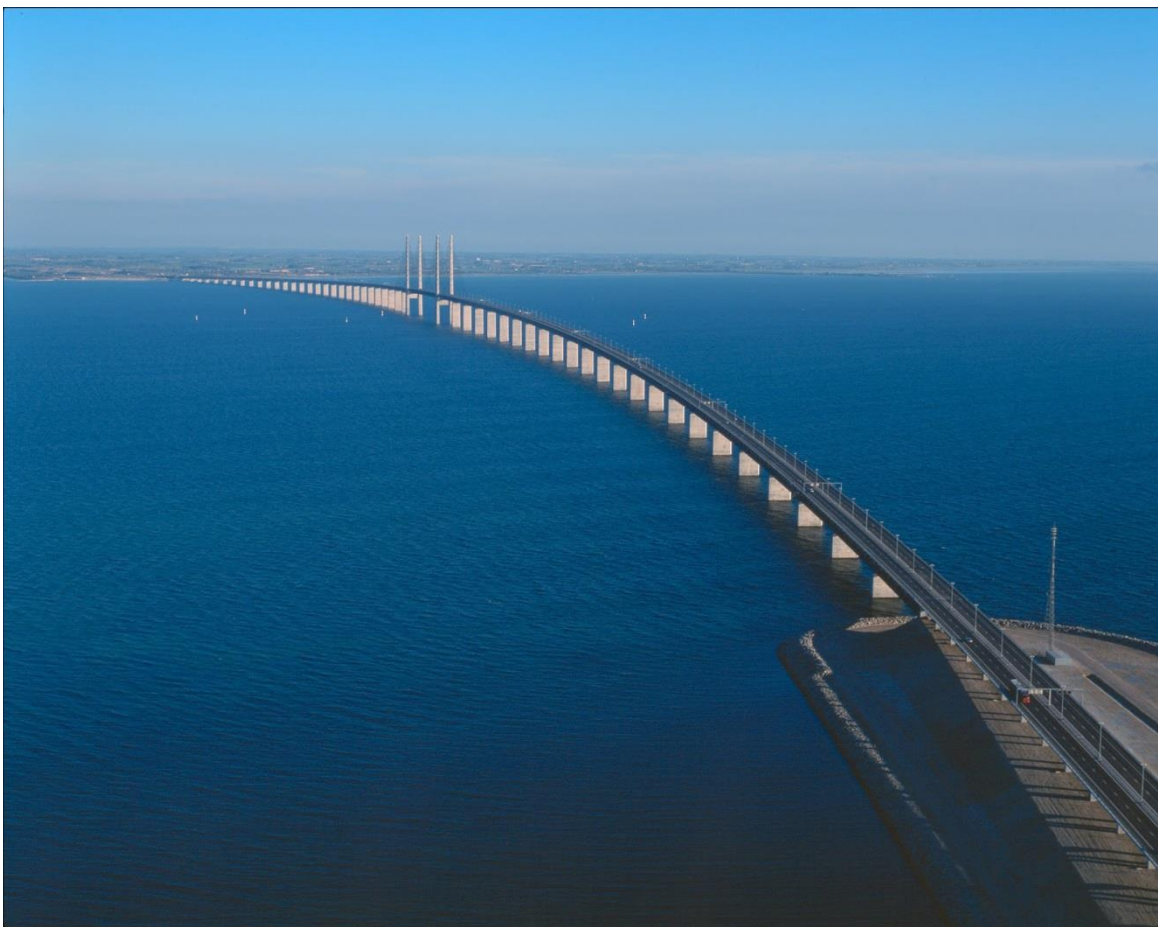


Copenhagen NeuroSurgery



# Copenhagen Peripheral Nerve Surgery Course 2023

September 13<sup>th</sup>-15<sup>th</sup>



**A hands-on course for all surgeons with an interest in  
peripheral nerve surgery**

Department of Neurosurgery, Copenhagen University Hospital and  
The Anatomy Department, the Panum Institute.

[www.peripheral-nerve-surgery.com](http://www.peripheral-nerve-surgery.com)

Course Directors:

**Kåre Fugleholm** and **Ove Bergdal**, Department of Neurosurgery, Rigshospitalet, Copenhagen University Hospital

Faculty:

**Michael Fox, MD, MB BS BSc (Hons) FRCS (Tr & Orth)**

Consultant, the Peripheral Nerve Injury (PNI) Unit at the Royal National Orthopaedic Hospital Trust, Stanmore, London.

**Marco Sinisi, MD**

Consultant, the Peripheral Nerve Injury (PNI) Unit at the Royal National Orthopaedic Hospital Trust, Stanmore, London. Honorary Senior Lecturer in Nerve Surgery at Imperial College, London.

**Ridvan Alimehmeti, MD, PhD**

Associate Professor in Neurosurgery, University Hospital Center “Mother Theresa”, Tirana, Albania.

**Anders Kjørup, MD**

Consultant Handsurgeon, Department of Handsurgery, Rigshospitalet, Copenhagen University Hospital.

**Peter Birkeland, MD, DMSc,**

Consultant Neurosurgeon, Department of Neurosurgery, Rigshospitalet, Copenhagen University Hospital.

**Kåre Fugleholm, MD, PhD, DMSc, FRCS (Eng),**

Consultant Neurosurgeon, Department of Neurosurgery, Rigshospitalet, Copenhagen University Hospital, Associate Professor, University of Copenhagen

**Lars Bøgeskov, MD,**

Consultant Neurosurgeon, Department of Neurosurgery, Rigshospitalet, Copenhagen University Hospital.

**Ove Bergdal, MD,**

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Course Secretary

**Cecilia Eliasson**

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Participants:

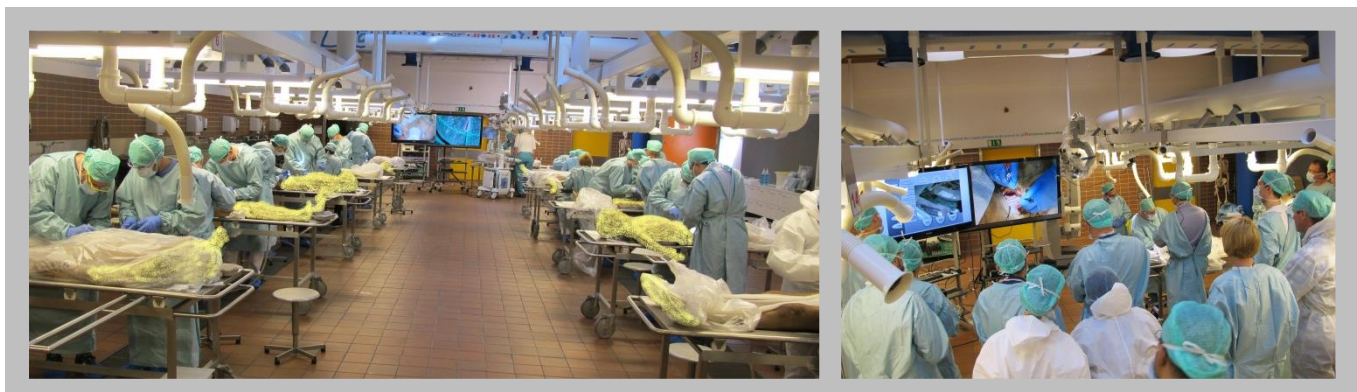
The course is aimed at all surgeons with an interest in peripheral nerve surgery.

Objectives:

To improve skills for peripheral nerve surgery by means of lectures, demonstrations, and anatomical dissections.

Course set-up:

Lectures, demonstrations and hands-on sessions. Two participants per specimen. Each station is equipped with two sets of surgical instruments supplied by Kebomed and headlights. Please bring your own loupes if needed.



# Copenhagen Peripheral Nerve Surgery Course 2023

## Wednesday 13<sup>th</sup>

**11.45-12.00**

Registration and light snack

**12.00-12.15**

Welcome

**12.15-12.45**

**Degeneration and regeneration in the peripheral nervous system – the basics.**

*Degeneration - classification of nerve injuries – regeneration.*

Kåre Fugleholm

**12.45-13.00**

**Entrapment in the upper extremity.**

*Endoscopic and open carpal tunnel decompression – Ulnar nerve decompression – anterior interosseus nerve decompression.*

Ove Bergdal and Peter Birkeland

**13.00-13.30**

**The radial nerve.** *Typical lesions and surgical approach. Posterior interosseous nerve decompression.*

Marco Sinisi

**13.30-14.00**

**Hand/digital nerve injuries.** *Anatomy, repair, nerve transfers in hand..*

Anders Kjølrup

**14.00-17.30**

**Hands on**

**+ demo** (Bergdal/Birkeland/Sinisi/Kjølrup)

**19.00 Faculty dinner**

## Thursday 14<sup>th</sup>

**7.45-8.00**

Coffee

**8.00-8.30**

Lectures

**Surgical management of peripheral nerve tumors.**

*Classification- when to worry, and about what?-surgical technique – case review.”*

Lars Bøgeskov

**8.30-8.45**

**Entrapment in the lower extremity.**

*Meralgia paraesthetica – Morton's metatarsalgia – Tarsal tunnel syndrome.*

Kåre Fugleholm

**8.45-9.00**

**Neurolysis and nerve anastomosis techniques**

*End to end suture after transection lesion - sural nerve graft – fascicular dissection - nerve transfer technique*

Ridvan Alimehmeti

**9.00-12.15**

**Hands on + demo** (Fox/Alimehmeti)

**12.15-13.00**

Lunch

**13.00-13.25**

Lecture

**Sciatic/peroneal/tibial nerve exploration, tendon transfer.**

*Sciatic nerve - tibial nerve- superficial and deep peroneal nerve, sural nerve - posterior tibial tendon transfer*

Michael Fox

**13.25-17.00**

**Hands on + demo** (Sinisi/Fox)

**19.00 Course Dinner**

## Friday 15<sup>th</sup>

**7.45-8.00**

Coffee

**8.00-8.15**

Lecture

**Thoracic outlet syndrome.**

*Upper plexus – scalenotomy – cervical rib.*

Ove Bergdal

**8.15-8.45**

Lecture

**Brachial plexus surgical anatomy.**

*Supraclavicular and infraclavicular access – plexus dissection*

Michael Fox/Marco Sinisi

**9.15-12.15**

**Hands on + demo** (Fox/Sinisi/Bergdal)

**12.15-13.00**

Lunch

**13.00-13.20**

Lectures

**Upper extremity proximal nerve transfers**

Ridvan Alimehmeti

**13.20-13.40**

**Upper extremity distal nerve transfers**

Michael Fox

**13.40-17.00**

**Hands on + demo**

(Fox/Sinisi/Alimehmeti/Kjørup)

## Fee and Registration

We have facilities for 24 participants. Registration is on a “first come first served” basis. Registration is valid when the fee is received. Payment will only be drawn from the credit card if registration is still open, and you will receive e-mail confirmation when registration is complete.

### **Course fee: DKK 6400** (approx.. € 850)

The fee includes lectures, hands on sessions, coffee and snacks, and lunch September 15<sup>th</sup>, and 16<sup>th</sup>. The Course dinner will take place September 14<sup>th</sup>, is not included, 350 DKK per person.

### **Accommodation is not included.**

**Cancellation policy:** The fee will be refunded less Dkr 100 in administration fee up till 30 days before the course. After this, refund will depend on replacement by another participant from the waiting list and cannot be guaranteed.

**Registration:** Follow the registration link below

### **Suggested hotel:**

Hotel Cabinn Scandinavia DKK 495 + breakfast DKK 75, single room, also within 20 min. walking distance.

**Course location:** The Panum Institute, The Dissection Room  
Blegdamsvej 3, 2200 Copenhagen N

Further information: Cecilia Eliasson  
[Karin.cecilia.eliasson@regionh.dk](mailto:Karin.cecilia.eliasson@regionh.dk)



Lynda was a key factor for the success of this course, with her knowledge, enthusiasm, and eminent teaching skills. Not least was she a great personality and a friend. We miss her.

Honouring the memory of Lynda, we have decided to fund the course fee for one participant every year. You can apply for

## **“The Lynda Yang Scholarship”**

by sending an e-mail to [Karin.cecilia.eliasson@regionh.dk](mailto:Karin.cecilia.eliasson@regionh.dk), detailing why you think you should receive the scholarship 2023. We will mainly consider surgeons from low-income areas, with limited access to peripheral nerve surgery training.

Supported by

**KEBOMED**