

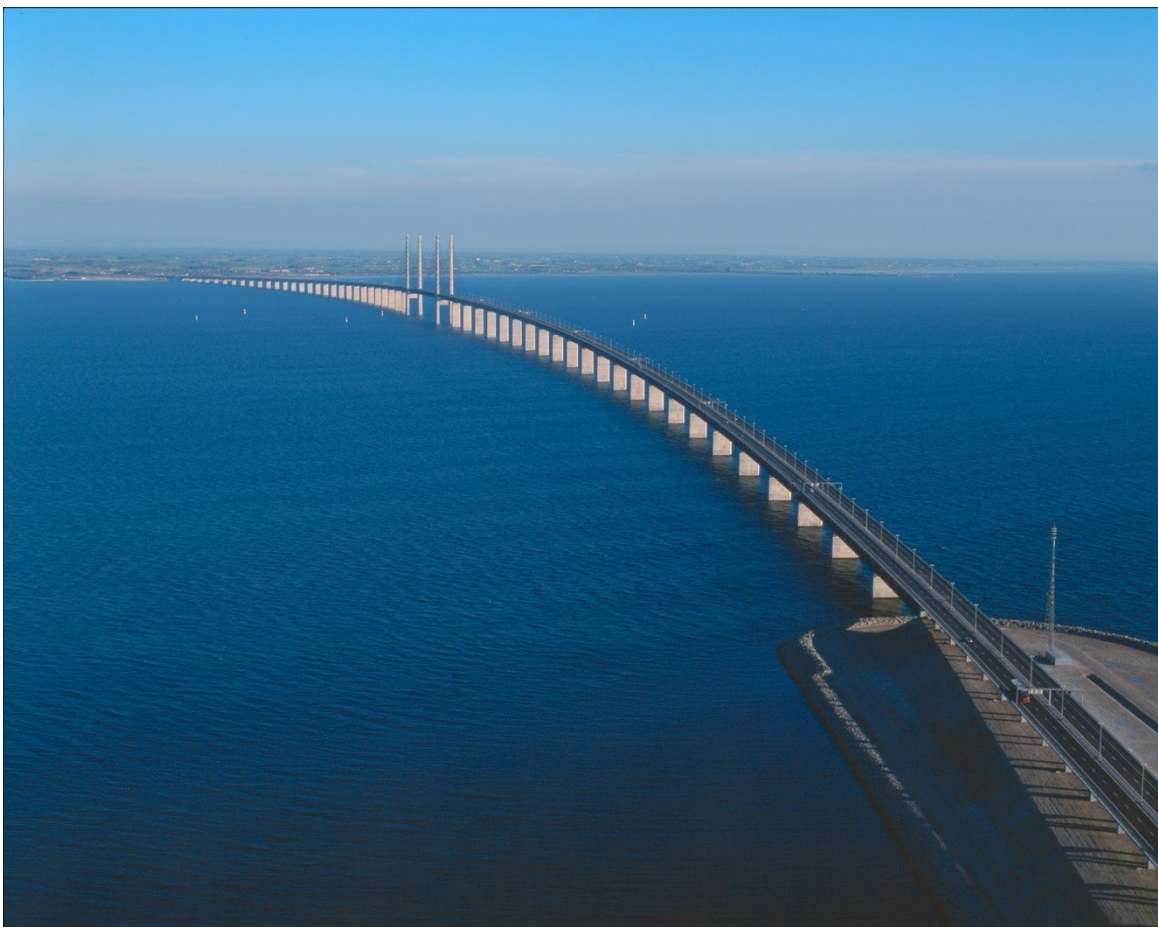


Copenhagen NeuroSurgery



Copenhagen Peripheral Nerve Surgery Course 2025

September 10th-12th



**A hands-on course for all surgeons with an interest in
peripheral nerve surgery**

Department of Neurosurgery, Copenhagen University Hospital and
The Anatomy Department, the Panum Institute, University of Copenhagen.

www.peripheral-nerve-surgery.com

Course Organizers:

Kåre Fugleholm, Ove Bergdal, and Peter Birkeland, Department of Neurosurgery, Rigshospitalet, Copenhagen University Hospital

Faculty:

Michael Fox, MD, MB BS BSc (Hons) FRCS (Tr & Orth)

Consultant, the Peripheral Nerve Injury (PNI) Unit at the Royal National Orthopaedic Hospital Trust, Stanmore, London.

Marco Sinisi, MD

Consultant, the Peripheral Nerve Injury (PNI) Unit at the Royal National Orthopaedic Hospital Trust, Stanmore, London. Honorary Senior Lecturer in Nerve Surgery at Imperial College, London.

Ridvan Alimehmeti, MD, PhD

Associate Professor in Neurosurgery, University Hospital Center “Mother Theresa”, Tirana, Albania.

Damiano Barone, MD, PhD, FRCS

Consultant Neurosurgeon, Houston Methodist Department of Neurosurgery

Christian Heinen, MD

Head Dpt. Neuro-, Spine and Nerve Surgery Christliches Krankenhaus Quakenbrück, Germany

Daniela Binaghi, MD

Neuroradiologist, Dpt. Radiology Christliches Krankenhaus, Quakenbrück, Germany

Casper Ottesen, MD

Consultant Handsurgeon, Department of Neurosurgery, Rigshospitalet, Copenhagen University Hospital

Peter Birkeland, MD, DMSc,

Consultant Neurosurgeon, Department of Neurosurgery, Rigshospitalet, Copenhagen University Hospital.

Kåre Fugleholm, MD, PhD, DMSc, FRCS,

Consultant Neurosurgeon, Department of Neurosurgery, Rigshospitalet, Copenhagen University Hospital, Associate Professor, University of Copenhagen

Ove Bergdal, MD,

Consultant Neurosurgeon, Department of Neurosurgery, Rigshospitalet, Copenhagen University Hospital.

Course Secretary

Cecilia Eliasson

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Participants:

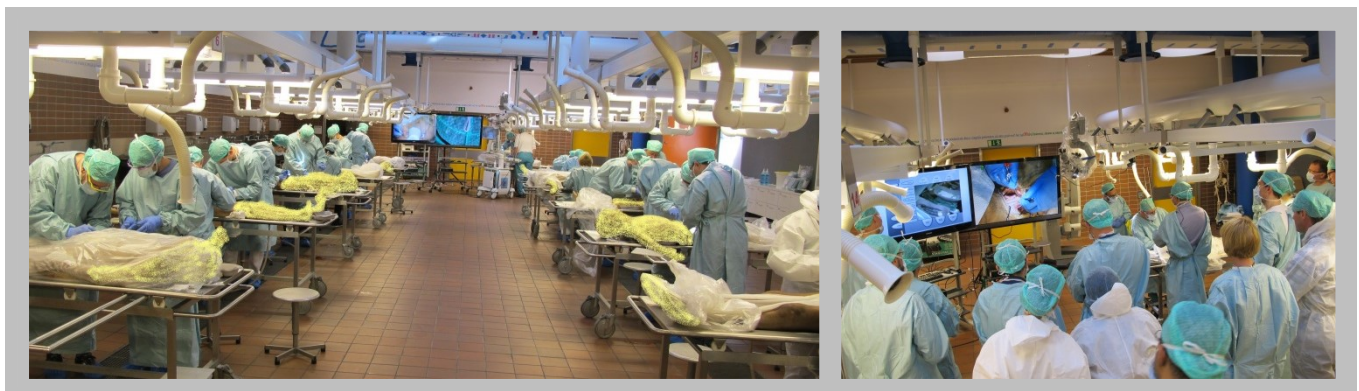
The course is aimed at all surgeons with an interest in peripheral nerve surgery.

Objectives:

To improve skills for peripheral nerve surgery by means of lectures, demonstrations, and anatomical dissections.

Course set-up:

Lectures, demonstrations and hands-on sessions. Two participants per specimen. Each station is equipped with two sets of surgical instruments supplied by Kebomed and headlights. Please bring your own loupes if needed.



Copenhagen Peripheral Nerve Surgery Course 2025

Wednesday 10th

11.45-12.00

Registration and light snack

12.00-12.15

Welcome

12.15-12.40

Degeneration and regeneration in the peripheral nervous system – the basics.

Degeneration - classification of nerve injuries – regeneration.

Kåre Fugleholm

12.40-13.00

Entrapment in the upper extremity.

Endoscopic and open carpal tunnel decompression – Ulnar nerve decompression – anterior interosseus nerve decompression.

Peter Birkeland

13.00-13.20

The radial nerve. *Typical lesions and surgical approach. Posterior interosseous nerve decompression.*

Marco Sinisi

13.20-13.40

Hand/digital nerve injuries. *Anatomy, repair, nerve transfers in hand.*

Casper Ottesen

14.00-17.30

Hands on + demo

19.00 Faculty dinner

Thursday 11th

7.45-8.00

Coffee

8.00-8.15

Lectures

Surgical management of peripheral nerve tumors.

Classification- when to worry, and about what?-surgical technique – case review.

Damiano Barone

8.15-8.30

Entrapment in the lower extremity.

Meralgia paraesthetica — Pseroneal nerve entrapment - Tarsal tunnel syndrome

Christian Heinen

8.30-8.45

Neurolysis and nerve anastomosis techniques

End to end suture after transection lesion - sural nerve graft – fascicular dissection - nerve transfer technique

Ridvan Alimehmeti

8.45-9.15

MRI

MR neurography

Daniela Binaghi

9.15-12.15

Hands on + demo

12.15-13.00

Lunch

13.00-13.20

Lecture

Sciatic/peroneal/tibial nerve exploration, tendon transfer.

Sciatic nerve - tibial nerve- superficial and deep peroneal nerve, sural nerve - posterior tibial tendon transfer

Michael Fox

13.20-17.00

Hands on + demo

20.00 Course Dinner

Friday 12th

7.45-8.00

Coffee

8.00-8.15

Lecture

Thoracic outlet syndrome.

Upper plexus – scalenotomy – cervical rib.

Ove Bergdal

8.15-8.45

Lecture

Brachial plexus surgical anatomy.

Supraclavicular and infraclavicular access – plexus dissection

Michael Fox

Ultrasound for peripheral nerve surgery

Ultrasound in the peripheral nerve surgeons hand

Christian Heinen

9.00-12.15

Hands on + demo

12.15-13.00

Lunch

13.00-13.15

Lectures

Upper extremity proximal nerve transfers

Ridvan Alimehmeti

13.15-13.30

Upper extremity distal nerve transfers

Michael Fox

13.30-13.40

Neuroprosthetics, current state.s

Damiano Barone

13.40-17.00

Hands on + demo

Fee and Registration

We have facilities for 24 participants. Registration is on a “first come first served” basis. Registration is valid when the fee is received. Payment will only be drawn from the credit card if registration is still open, and you will receive e-mail confirmation when registration is complete.

Course fee: DKK 6750 (approx. € 900)

The fee includes lectures, hands on sessions, coffee and snacks, and lunch September 11th, and 12th. The Course dinner will take place September 11th, is not included, 350 DKK per person, separate registration required.

Accommodation is not included.

Cancellation policy: The fee will be refunded less Dkr 100 in administration fee up till 30 days before the course. After this, refund will depend on replacement by another participant from the waiting list and cannot be guaranteed.

Registration: Follow the registration link below

Suggested hotel:

Hotel Cabinn Scandinavia DKK 495 + breakfast DKK 75, single room, also within 20 min. walking distance.

Course location: The Panum Institute, The Dissection Room
Blegdamsvej 3, 2200 Copenhagen N

Further information: Cecilia Eliasson
Karin.cecilia.eliasson@regionh.dk



Lynda was a key factor for the success of this course, with her knowledge, enthusiasm, and eminent teaching skills. Not least was she a great personality and a friend. We miss her.

Honouring the memory of Lynda, we have decided to fund the course fee for one participant every year. You can apply for

“The Lynda Yang Scholarship”

by sending an e-mail to Karin.cecilia.eliasson@regionh.dk, detailing why you think you should receive the scholarship 2025. We will mainly consider surgeons from low-income areas, with limited access to peripheral nerve surgery training.

Supported by

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