Copenhagen Peripheral Nerve Surgery Course 2026

September 9th-11th

A hands-on course for all surgeons with an interest in peripheral nerve surgery

Department of Neurosurgery, Copenhagen University Hospital and
The Anatomy Department, the Panum Institute, University of Copenhagen.

www.peripheral-nerve-surgery.com

Course Organizers:
Kåre Fugleholm, **Ove Bergdal**, and **Peter Birkeland**, Department of Neurosurgery, Rigshospitalet, Copenhagen University Hospital

Faculty:
Michael Fox, MD, MB BS BSc (Hons) FRCS (Tr & Orth)
Consultant, the Peripheral Nerve Injury (PNI) Unit at the Royal National Orthopaedic Hospital Trust, Stanmore, London.
Marco Sinisi, MD
Consultant, the Peripheral Nerve Injury (PNI) Unit at the Royal National Orthopaedic Hospital Trust, Stanmore, London. Honorary Senior Lecturer in Nerve Surgery at Imperial College, London.
Ridvan Alimehmeti, MD, PhD
Associate Professor in Neurosurgery, University Hospital Center "Mother Theresa", Tirana, Albania.
Damiano Barone, MD, PhD, FRCS
Consultant Neurosurgeon, Houston Methodist Department of Neurosurgery
Christian Heinen, MD
Consultant Neurosurgeon, Evangelisches Krankenhaus Carl von Ossietzky Universität Oldenburg
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Course Secretary
Cecilia Eliasson
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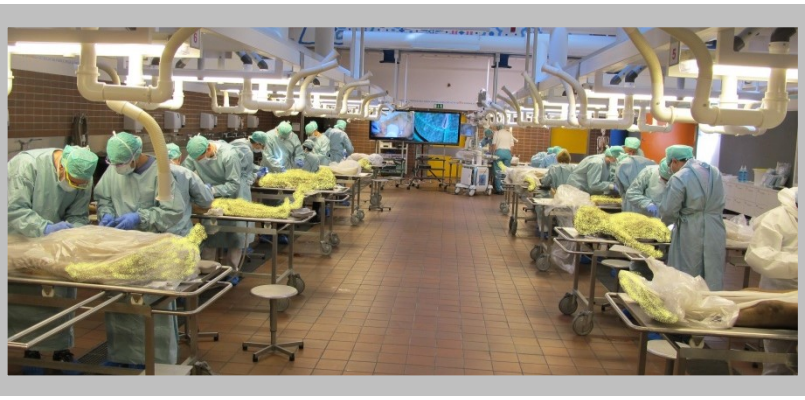
Participants:
The course is aimed at all surgeons with an interest in peripheral nerve surgery.
Objectives:
To improve skills for peripheral nerve surgery by means of lectures, demonstrations, and anatomical dissections.
Course set-up:
Lectures, demonstrations and hands-on sessions. Two participants per specimen. Each station is equipped with two sets of surgical instruments supplied by Kebomed and headlights. Please bring your own loupes if needed.



Copenhagen Peripheral Nerve Surgery Course 2026

Wednesday Sept. 9th

11.45-12.00
Registration and light snack

12.00-12.15
Welcome

12.15-12.40
Degeneration and regeneration in the peripheral nervous system – the basics.
Degeneration - classification of nerve injuries – regeneration.
Kåre Fugleholm

12.40-13.00
Entrapment in the upper extremity.
Endoscopic and open carpal tunnel decompression – Ulnar nerve decompression – anterior interossus nerve decompression.
Peter Birkeland

13.00-13.20
The radial nerve. *Typical lesions and surgical approach. Posterior interosseous nerve decompression.*
Marco Sinisi

13.20-13.40
Hand/digital nerve injuries. *Anatomy, repair, nerve transfers in hand.*
Handsurgeon from Odense

14.00-17.30
Hands on
+ demo

19.00 Faculty dinner

Thursday Sept. 10th

7.45-8.00
Coffee

8.00-8.15
Lectures
Surgical management of peripheral nerve tumors.
Classification- when to worry, and about what?-surgical technique – case review.¨
Damiano Barone

8.15-8.30
Entrapment in the lower extremity.
Meralgia paraesthetica — Peroneal nerve entrapment - Tarsal tunnel syndrome
Christian Heinen

8.30-8.45
Neurolysis and nerve anastomosis techniques
End to end suture after transection lesion - sural nerve graft – fascicular dissection - nerve transfer technique
Ridvan Alimehmeti

8.45-9.15
MRI
MR neurography
Daniela Binaghi

9.15-12.15
Hands on + demo

12.15-13.00
Lunch

13.00-13.20
Lecture
Sciatic/peroneal/tibial nerve exploration, tendon transfer.
Sciatic nerve - tibial nerve- superficial and deep peroneal nerve, sural nerve - posterior tibial tendon transfer
Michael Fox

13.20-17.00
Hands on + demo
20.00 Course Dinner

Friday Sept. 11th

7.45-8.00
Coffee

8.00-8.15
Lecture
Thoracic outlet syndrome.
Scalenotomy – cervical rib.
Ove Bergdal

8.15-8.45
Lecture
Brachial plexus surgical anatomy.
Supraclavicular and infraclavicular access – plexus dissection
Michael Fox

8.45-9.00
Ultrasound for peripheral nerve surgery
Ultrasound in the peripheral nerve surgeons hand
Christian Heinen

9.00-12.15
Hands on + demo

12.15-13.00
Lunch
13.00-13.15
Lectures
Upper extremity proximal nerve transfers
Ridvan Alimehmeti

13.15-13.30
Upper extremity distal nerve transfers
Michael Fox

13.30-13.40
Neuroprosthetics, Current status
Damiano Barone

13.40-17.00
Hands on + demo

Fee and Registration

We have facilities for 24 participants. Registration is on a "first come first served" basis. Registration is valid when the fee is received. Payment will only be drawn from the credit card if registration is still open, and you will receive e-mail confirmation when registration is complete.

Course fee: **DKK 12000** (approx. € 1600)
The fee includes lectures, hands on sessions, coffee and snacks, and lunch September 10th, and 11th. The Course dinner will take place September 10th, is not included, 350 DKK per person, separate registration required.
Accommodation is not included.
Cancellation policy: The fee will be refunded less Dkr 100 in administration fee up till 30 days before the course. After this, refund will depend on replacement by another participant from the waiting list and cannot be guaranteed.
Registration: Follow the registration link below

Suggested hotel:
Hotel Cabinn Scandinavia DKK 495 + breakfast DKK 75, single room, also within 20 min. walking distance.

Course location: The Panum Institute, The Dissection Room
Blegdamsvej 3, 2200 Copenhagen N

Further information: Cecilia Eliasson Karin.cecilia.eliasson@regionh.dk

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